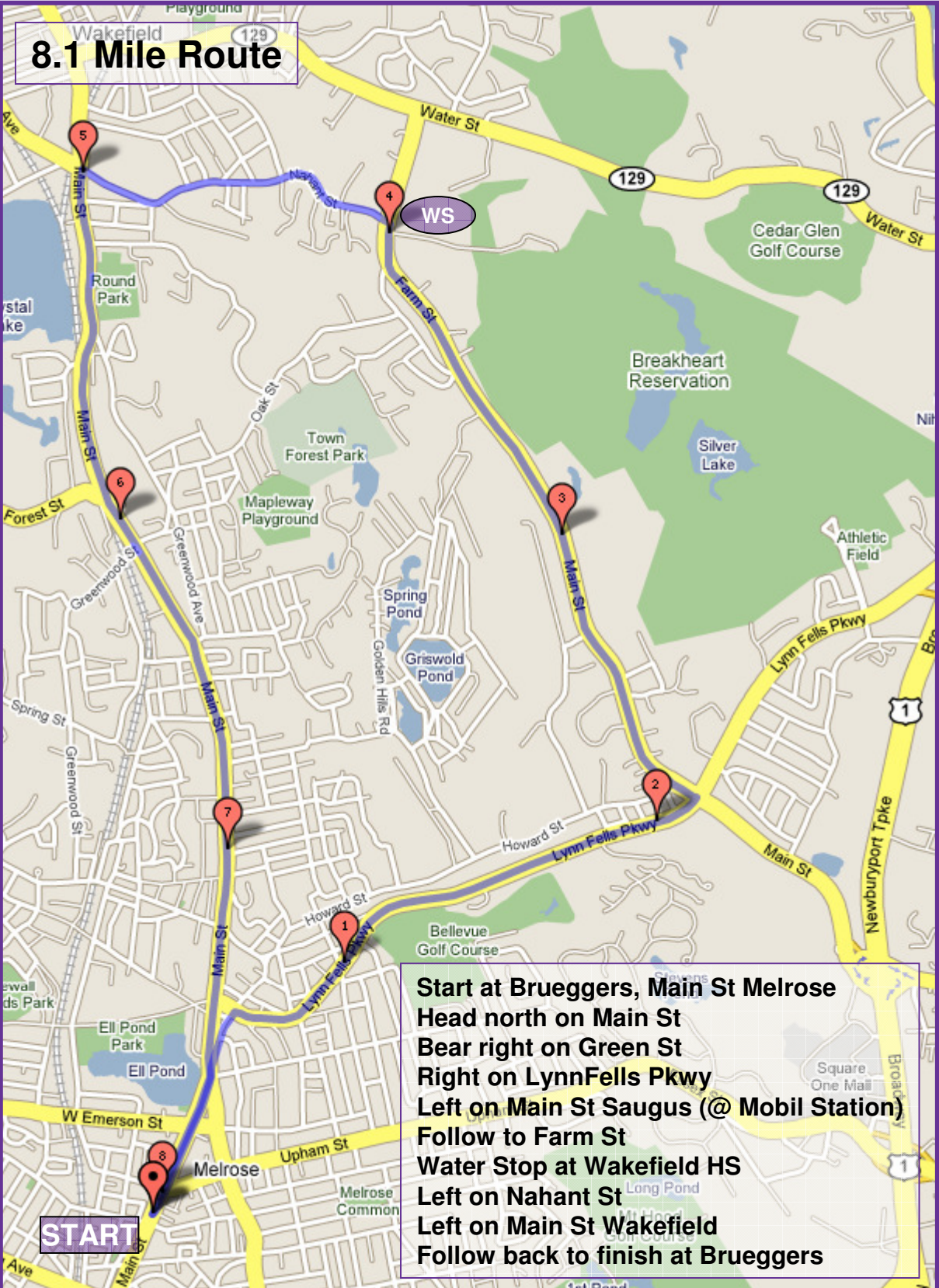


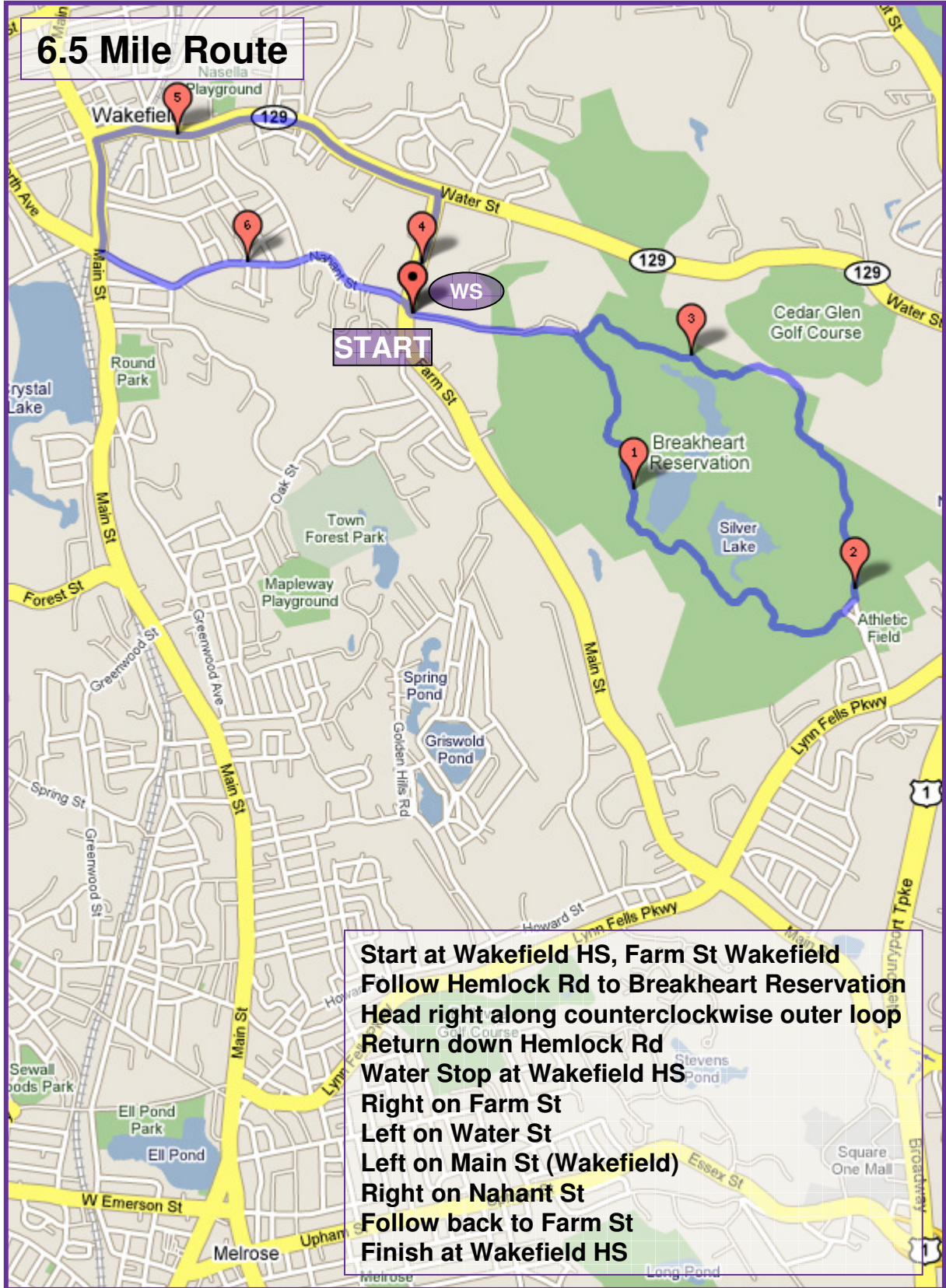
12.5 Mile Route:
 Start at Brueggers, head North on Main St
 Bear right on Green St
 Right on Lynn Fells Pkwy
 Left on Main St (Saugus)
 Continue on Farm St
 Right on Hemlock Rd
 (Water Stop at Wakefield HS)
 Follow Hemlock to Breakheart Reservation
 Head right along counterclockwise outer loop
 Return down Hemlock Rd
 (Water Stop at Wakefield HS)
 Right on Farm St
 Right on Water St
 Left on Main St (Wakefield)
 Follow to end at Brueggers

8.1 Mile Route



Start at Brueggers, Main St Melrose
Head north on Main St
Bear right on Green St
Right on LynnFells Pkwy
Left on Main St Saugus (@ Mobil Station)
Follow to Farm St
Water Stop at Wakefield HS
Left on Nahant St
Left on Main St Wakefield
Follow back to finish at Brueggers

6.5 Mile Route



Start at Wakefield HS, Farm St Wakefield
Follow Hemlock Rd to Breakheart Reservation
Head right along counterclockwise outer loop
Return down Hemlock Rd
Water Stop at Wakefield HS
Right on Farm St
Left on Water St
Left on Main St (Wakefield)
Right on Nahant St
Follow back to Farm St
Finish at Wakefield HS